



**THE
BUTCHER
SHOPPE**

Easy Chicken Tender Parmigiana

Ingredients

- 1 lb. Chicken Tenders
- 1 egg, slightly beaten
- 1/2 cup bread crumbs
- 2 Tbsp. oil
- 1 cup (8 oz.) tomato sauce or spaghetti sauce
- 1/4 cup minced onion
- 4 oz. sliced or shredded mozzarella
- Grated Parmesan Cheese (optional)

Directions

Dip tenders into egg, then into bread crumbs. Cook slowly in oil. Arrange meat in a baking dish. Sprinkle onion over slices, and add tomato Sauce. Bake covered at 350°F for 30 minutes. Top with cheeses and bake an additional 10 minutes.